**Sample Packing Checklist**

*Start with this list and modify it for your own needs*

*Remember: If you’re washing clothes along the way, you can pack lighter. And you’re wearing one set of clothing as you travel. Pack as much as you can in your carry-on luggage and carry a lighter big bag. If you want, go without a personal bag and pack your backpack in your other luggage. In short … think light!*

**Large Luggage stowed underneath plane**

* 2 pair of long pants
* 2 pair of shorts
* Underwear as needed
* 10 pair of socks (thicker socks dry very slowly)
* 5-10 shirts
* Sleeping apparel as needed
* Swimsuit
* Hat
* Sunglasses
* Sunscreen
* Toiletries, including nail clippers and dental care items
* Washcloth (if you want one … European hotels rarely have them)
* Headlamp or personal light
* Food or snacks you might want to take

**Carry-on luggage**

* One complete set of clothes
* Prescription and over-the-counter drugs, as needed
* Camera
* Laptop or iPad (if you’re taking such a thing)

**Personal bag (a backpack, perhaps)**

* Sleeping meds for plane trip
* Bible
* Pen(s)
* Book to read on the plane
* Memory verses for trip (The long plane ride is a great time to memorize them!)
* Food or snacks for plane ride
* EIN Study Guide

**On your person**

* Passport
* Spending money